

STUDY GUIDE

Carriers of the Light: How to Receive and Release God's Light-Transforming Power

"Our iniquities, our secret heart and its sins [which we would so like to conceal even from ourselves], You have set in the [revealing] light of Your countenance."
(Psalm 90:8, AMPC)

I. God Is Light

"God is light, and there is no darkness in Him." (1 John 1:5)

God created light first, because that is who He is. (Genesis 1)

A. Jesus is a light being.

"He is the sole expression of the glory of God [the Light-being, the out-raying or radiance of the divine], and He is the perfect imprint and very image of [God's] nature." (Hebrews 1:3, AMPC)

1. Photographic paper reacts to light to produce the image taken by a camera and stored on film. Since photographic paper reacts to light, pictures using camera film need to be produced (a process called developing) in a room that is completely dark.
2. The Bible says Jesus is the light of the world.

"Once more Jesus addressed the crowd. He said, 'I am the Light of the world. He who follows Me will not be walking in the dark, but will have the

Light which is Life.” (John 8:12, AMPC)

B. The Holy Spirit is the Spirit of Christ, so He is Light

“For the fruit (the effect, the product) of the Light of the Spirit [consists] in every form of kindly goodness, uprightness of heart, and trueness of life.” (Ephesians 5:9, AMPC)

The Light (capital “L,” Jesus Christ) and the Spirit are interchangeable and they produce fruit in your life.

“And the supernatural fruits of His light will be seen in you—goodness, righteousness, and truth.” (Ephesians 5:9, TPT)

II. You Release the Light of Christ that Is in You with Your Voice

- A. The word “voice” in Mark 1 is the Greek word “*phōnē*”.
- B. The etymology of the word “voice” is related to the Greek word *phainō*, which means “to bring forth into the light, cause to shine, shed light to shine ... be bright or resplendent, to become evident, to be brought forth into the light.”
- C. Remember, the Holy Spirit is Light (Ephesians 5:9). Your voice releases the light that’s in your spirit to facilitate healing wherever you need it.

“Thou shalt also decree a thing, and it shall be established unto thee: And the light shall shine upon thy ways.” (Job 22:28, KJV)

III. His Word Releases His Light

“For truth is a bright beam of light shining into every area of your life, instructing and correcting you to discover the ways to godly living.” (Proverbs 6:23, TPT)

“Your Word is a lamp to my feet and a light to my path.” (Psalm 119:105, AMPC)

“The entrance of Thy Word giveth light. It giveth understanding to the simple.” (Psalm 119:130, KJV)

“O how I love and treasure your law; throughout the day I fill my heart with its light!” (Psalm 119:97, TPT)

“The revelation-light of His Word makes my spirit shine radiant.” (Psalm 19:8, TPT)

As we decree these scriptures, the power of His Word will release Christ’s healing light.

IV. Your Praise Releases Light

The word “praise” in Psalm 111:1 is the Hebrew word “halal,” which means “to shine, to flash forth light.”

V. Your Hands Release the Light of Christ

“He covers His hands with the lightning and commands it to strike the mark.” (Job 36:32, AMPC)

VI. Soul Healing Power in His Light

We are three-part beings—body, soul, and spirit. Your spirit is made instantly perfect upon your salvation, but your soul is not. Your mind, will, and emotions can get what the Bible calls “wounded” when you go through a traumatic event or commit sin of any kind.

When the soul is wounded, then your whole life will be negatively impacted, but the Light of Christ can heal those wounds and cause you to prosper and be in health, even as your soul prospers.

VII. The Light of Christ Causes Your Mind, Will, and Emotions to Be Sound and Fulfilling Their Office

“Your eye is the lamp of your body; when your eye (your conscience) is sound and fulfilling its office, your whole body is full of light; but when it is not sound and is

not fulfilling its office, your body is full of darkness. Be careful, therefore, that the light that is in you is not darkness. If then your entire body is illuminated, having no part dark, it will be wholly bright [with light], as when a lamp with its bright rays gives you light.” (Luke 11:34–36, AMPC)

VIII. The Light Brings Secrets and Mysteries

“[For I always pray to] the God of our Lord Jesus Christ, the Father of glory, that He may grant you a spirit of wisdom and revelation [of insight into mysteries and secrets] in the [deep and intimate] knowledge of Him, by having the eyes of your heart flooded with light so that you can know and understand the hope to which He has called you, and how rich is His glorious inheritance in the saints (His set-apart ones).” (Ephesians 1:17–18, AMPC)

IX. Don’t Stop Soaking in the Light

“While you have the Light, believe in the Light [have faith in it, hold to it, rely on it], that you may become sons of the Light and be filled with Light.” (John 12:36, AMPC)

X. The Light of Christ Brings Life to Your Physical Body

“This is the life-giving message we heard Him share and it’s still ringing in our ears. We now repeat His words to you: God is pure light. You will never find even a trace of darkness in Him.” (1 John 1:5, TPT)

“Then Jesus said, ‘I am light to the world, and those who embrace Me will experience life-giving light, and they will never walk in darkness.’” (John 8:12, TPT)

XI. Jesus Arises on You with Healing in His Light

“But unto you who revere and worshipfully fear My name shall the Sun of Righteousness arise with healing in His wings and His beams, and you shall go forth and gambol like calves [released] from the stall and leap for joy.” (Malachi 4:2, AMPC)

- A. The word translated “arise” in Malachi 4:2 is *zarach*, which means “to irradiate (or shoot forth beams), i.e., to rise (as the sun).”
- B. The word translated “healing” is *marpé*, which also means “a cure,” “literally (concretely) a medicine.”
- C. Testimony: People in Holland. They took it like a medicine.

XII. The Light of Christ Gives You Power over Death

- A. Testimony about necrosis from Africa—I was teaching on the light of Christ.
- B. Activate light into every organ (including skin).

“For You have delivered my life from death, yes, and my feet from falling, that I may walk before God in the light of life and of the living.” (Psalm 56:13, AMPC)

- C. Activate the light which brings life into every bodily system.
- D. Activation: Once when I had a bladder infection I saw a vision of a can of Lysol pray which, according to their website, kills 99% of all germs. When I saw that vision, instead of a spray of liquid coming out of the can, it was a beam of light coming out and killing all the bacteria, and I was healed.
- E. Now say LET THERE BE LIGHT and there was light. I command light to beam into my body and wipe out all viruses, bacteria, pathogens, infections, covid. Command the light of Christ to bring life to my immune system to strengthen it now, in Jesus’ name.

“The word from heaven will come to us with dazzling light to shine upon those who live in darkness, near death’s dark shadow. And he will illuminate the path that leads to the way of peace.” (Luke 1:79, TPT)

- F. Activate light to heal all terminal diseases, such as cancer, dementia, Alzheimer’s, lung disease, Parkinson’s, heart disease, stroke, respiratory infections, pulmonary disease, diabetes, cirrhosis, tuberculosis, ALS.

This is why the Scripture says, *“Arise you sleeper! Rise up from your coffin and the Anointed One will shine His light into you!” (Ephesians 5:14, TPT)*

G. EYES AND EARS.

XIII. Send Light to Your Loved Ones

*“8 But the centurion replied to Him, ‘Lord, I am not worthy or fit to have You come under my roof; but only speak the word, and my servant boy will be cured.’ ...
10 When Jesus heard him, He marveled and said to those who followed Him, ‘I tell you truly, I have not found so much faith as this with anyone, even in Israel.’ ...
13 Then to the centurion Jesus said, ‘Go; it shall be done for you as you have believed.’ And the servant boy was restored to health at that very moment.”*
(Matthew 8:8,10,13, AMPC)

XIV. We Have the Biblical Right to Pray for the Increase of the Light

“26 Moreover, the light of the moon will be like the light of the sun, and the light of the sun will be sevenfold, like the light of seven days [concentrated in one], in the day that the Lord binds up the hurt of His people, and heals their wound [inflicted by Him because of their sins].” (Isaiah 30:26, AMPC)

XV. The Light of Christ Imparts Wisdom Which Then Causes Favor and Wealth

“1 Arise [from the depression and prostration in which circumstances have kept you—rise to a new life]! Shine (be radiant with the glory of the Lord), for your light has come, and the glory of the Lord has risen upon you! 2 For behold, darkness shall cover the earth, and dense darkness [all] peoples, but the Lord shall arise upon you [O Jerusalem], and His glory shall be seen on you. 3 And nations shall come to your light, and kings to the brightness of your rising.” (Isaiah 60:1–3, AMPC)

There’s the favor, and with the favor comes the wealth:

“5 Then you shall see and be radiant, and your heart shall thrill and tremble with joy [at the glorious deliverance] and be enlarged; because the abundant wealth of the [Dead] Sea shall be turned to you. Unto you shall the nations come with

their treasures. ... 11 And your gates shall be open continually. They shall not be shut day or night, that men may bring to you the wealth of the nations—and their kings led in procession [your voluntary captives].” (Isaiah 60:5,11, AMPC)

XVI. The Light of Christ Corrects Those Whose Doctrine Is Screwed Up

“When on the road at midday, O king, I saw a light from heaven surpassing the brightness of the sun, flashing about me and those who were traveling with me.” (Acts 26:13, AMPC)

“And since I could not see because [of the dazzlingly glorious intensity] of the brightness of that light, I was led by the hand by those who were with me, and [thus] I arrived in Damascus.” (Acts 22:11, AMPC)

Again, it was Jesus Himself who showed up that day. Not only did Paul get saved that day, but he completely changed his doctrine. Remember, he was totally persecuting people for believing in Jesus Christ, Who is THE doctrine! Let’s look at what Paul was doing:

“1 Meanwhile Saul, still drawing his breath hard from threatening and murderous desire against the disciples of the Lord, went to the high priest 2 and requested of him letters to the synagogues at Damascus [authorizing him], so that if he found any men or women belonging to the Way [of life as determined by faith in Jesus Christ], he might bring them bound [with chains] to Jerusalem. (Acts 9, AMPC)

“10 ... I [not only] locked up many of the [faithful] saints (holy ones) in prison by virtue of authority received from the chief priests, but when they were being condemned to death, I cast my vote against them. 11 And frequently I punished them in all the synagogues to make them blaspheme; and in my bitter fury against them, I harassed (troubled, molested, persecuted) and pursued them even to foreign cities.” (Acts 26:10–11, AMPC)

XVII. The Light of Christ Is a Weapon Against Sin and the Enemy

“Night’s darkness is dissolving away as a new day of destiny dawns. So we must once and for all strip away what is done in the shadows of darkness, removing it

like filthy clothes. And once and for all we clothe ourselves with the radiance of light as our weapon.” (Romans 13:12, TPT)

- A. The Light of Christ brings the unsaved into the family of God.
- B. The Light of Christ is resurrection power.
- C. The Light of Christ heals relationships.
- D. Light causes us to know, understand, and build a deep relationship with Christ.
- E. The Light of God’s countenance leads you into your Promised Land.